



# The Peace Factory

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## IN THIS ISSUE

- Launch of Peace Action Zone
- Meet the Team
- Launch of new Website
- Summer Schedule

## Peace Action Zone Launched

The Peace Factory is pleased to announce the official launch of the Peace Action Zone (PAZ) on Tuesday 29th June at 7.00pm at its premises in Sunnysides House, 32a Coalisland Road, Dungannon.

The PAZ project was officially launched by Patricia MacBride, from the Commission of Victims and Survivors.



L-R Geraldine Quinn -Director of Services, The Peace Factory, Patricia MacBride-Victims Commissioner, Jim Hamilton, Dungannon Council, Roisin Kelly-Chair of The Peace Factory, Gordon Walker-Community Relations Council

The Peace Action Zone Project offers a holistic approach to health and wellbeing helping to ease physical, mental and emotional pain and promote stability, enabling people to cope with the traumatic intergenerational affects of the conflict.

Services include confidential Counselling, Craniosacral Therapy, Trauma Recovery alongside a wide range of complementary therapies and is funded under part of the PEACE III Programme,

Theme 1.2: Acknowledging and Dealing with the Past and Strand 2: Support for Participation implemented by the Consortium of the Northern Ireland Community Relations Council and Pobal.

Confidential services offered include:

### Counselling

One to one 'talking therapy' will include original assessment to one-off consultations to ongoing therapeutic relationships.

### Complementary Therapies

A range of complementary therapies are offered including: Reflexology, Aromatherapy, and Massage to help relax the traumatised body and nervous system and continue to build relationships of trust in a safe place easing physical pain, enabling rest and sleep.

### Personal Development

We will offer one to one tuition/support as the first step to empowerment and social /economic integration.

### Creative Workshops

A range of workshops are on offer including arts and crafts, drama, music, storytelling and creative writing.

### Befriending

The Peace Project offers one to one Befriending to people who have been bereaved or traumatised as a result of the conflict in Northern Ireland, regardless of their religious, cultural or political beliefs. The service offers support at a time of need and vulnerability and aims to help individuals and families restore some form of normality back into their lives.

### Trauma Recovery

Our trauma recovery programmes will provide individual therapy to help people release the imprint of traumatic experiences on the nervous system, easing physical, mental and emotional pain and imparting techniques for self-help.

### Support to Employment

Working with a range of employment and careers specialists there will be opportunities for beneficiaries to explore employment options.

### Social clubs/networking

Our social clubs will enable sustained cross-community social interaction thus reducing isolation and exclusion.





The Peace Factory

# Meet the Team

**GERALDINE QUINN**

**DIRECTOR OF SERVICES**

Geraldine comes to The Peace Factory with twenty five years of experience in the area of Health and Social Care 15 years of which have been at Management level. Geraldine is a qualified mental health nurse, social worker and life coach who is passionate about empowering others and has a special interest in

the area of mental health and disability.

**LIAM LYNCH ADMINISTRATOR**

Liam is the Administrator of The Peace Factory and has over 12 years experience in the financial/administration field. He has been involved with the project for 4 years, initially in a voluntary capacity.

**SARAH CONNOR**

**Open Door Co-Ordinator**

Sarah is co-ordinator for The Peace Factory she contributes to the development of the workshops, courses and assisting with events. Also providing additional support to the Project Team.

Sarah joined the organisation in March 2010 prior to this supplied administrative support to a private counselling organisation for 3 years.

A  
Sanctuary  
for  
Healing &  
Wellbeing

## New Website

The Peace Factory website went live this week.

It will have up to date information about courses, workshops. You will also be able to follow us on Twitter & Facebook.

\*\*Please check regularly\*\*



## Summer Schedule



**Counselling**  
This is on going

**Complementary Therapies**  
Sessions in Reflexology, Aromatherapy Massage, Reiki, Craniosacral Therapy are now available.

**Workshops**  
Venue The Peace Factory

Wonderful You Workshop  
Date: Sat/Sun 24th & 25th July  
**Now fully booked.**

.....  
Laughter is the best medicine  
Date Thur 5th Aug

.....  
The Art of saying no  
Date Sat 7th Aug

Details of all these can be found on our website [www.peacefactoryni.com](http://www.peacefactoryni.com) or contact the office to book places on the workshops

**The office will close Monday 12th July and will reopen Monday 19th July.**